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Artichoke's Heart



Synopsis

Blubber meets Steel Magnolias in this funny and honest story about body image and family. Rosemary Goode is smart and funny and loyal and the best eyebrow waxer in Spring Hill, Tennessee. But only one thing seems to matter to anyone, including Rosemary: her weight. And when your mom runs the most successful (and gossipy) beauty shop in town, it can be hard to keep a low profile. Rosemary resolves to lose the weight, but her journey turns out to be about everything but the scale. Her life-changing, waist-shrinking year is captured with brutal honesty and humor, topped with an extralarge helping of Southern charm. A truly uncommon novel about an increasingly common problem.

Book Information

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Customer Reviews

Rosemary Goode is smart, funny, and sassy, but no one seems to notice. All anyone sees is her weight - all 200 pounds of it. She doesn't fit in at school, she finds herself getting made fun of by the popular Bluebirds, and the only boyfriend she'll ever have is Mr. Hershey, or Mr. M&M. At the start of a new year, Rosemary finds herself disappointed. Santa just brought her an unwanted treadmill for

Christmas and her Aunt Mary gave her tickets to a "Healing the Fat Girl Within" Conference. On top of that, Rosemary's mother has sneakily set up counseling sessions for weight loss. After a meltdown at her mother's gossipy salon, Rosemary decides she is going to lose the weight - on her terms. Rosemary tries various methods to lose weight, but it's a slow process. When Rosemary's mother is diagnosed with cancer, the distance between them grows even more and Rosemary tries to keep from turning back to food. Things start to look up when Kyle Cox, the school's newest football star, starts to take a notice in Rosemary. But how can popular, good-looking Kyle ever like a girl like Rosemary? And how will Rosemary bridge the ever-growing gap between her and her mother? *ARTICHOKE'S HEART* is one of those books I wanted to stay in bed on a rainy day with and never stop reading. The cover and storyline may make you think this is light chick-lit, but the plot digs much deeper and carries a wide range of emotions that are great for any mood. Rosemary is a fantastic character and her growth throughout the book is realistic. I was cheering her on the whole way through and felt as though I was on the journey with her. I also have to admit I had a bit of a crush on Kyle while reading this book!

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